



FAST FACTS FOR FORMING A DRAGON BOAT TEAM

www.battleinthebaydragonboat.com

THE DRAGON BOAT:

- Sport stems from an ancient Chinese legend
- Each Dragon Boat is 42 feet long
- 10 rows seat 20 paddlers
- A steersperson uses a 9 foot oar as a rudder, standing in the stern
- A drummer sits in a seat at the bow, facing the crew

ROSTER:

- 20 Paddlers, minimum of 8 female paddlers must be in the boat at all times
- 1 drummer (minimum age of 12 years old)
- 5 alternate paddlers allowed and can be rotated in any way that your team would like
- All paddlers must be 14 years of age or older

COST:

- \$1,200 registration entry fee for a local Monroe County Team, \$850 registration entry fee for visiting teams, and \$650 entry fee for Breast Cancer Survivor teams
- All of the necessary equipment is included
- A portion of the event's proceeds goes to support Heron Peacock Supported Living!

PRACTICE:

- 1 practice session is included for each registered team and can be scheduled on the week of May 12th by emailing: christine@highfivedragonboat.com
- Practices will include the basics of paddling and the basics of racing

EQUIPMENT:

- Paddles, life vests, boats, drums, and steerspersons will be provided to each team at practice and on the day of the race
- Teams that bring their own equipment must use the regulation equipment mandated by the International Dragon Boat Federation

RACE DAY – MAY 17, 2014:

- The event is located at Sombrero Beach in Marathon, FL
- Teams will be assigned an area to set up a team tent, chairs, tables and coolers
- Each team will race in 3 heats, there is no elimination
- The course is 350 meters in a straight line with 3 lanes
- Each team will have 60-90 minutes in between heats
- Division winners will be awarded in a post-racing awards ceremony